



CMV IgM ELISA Test Kit

INTENDED USE

The purpose of the CMV IgM ELISA Test is intended for the qualitative detection of IgM antibody to Cytomegalovirus.

SUMMARY

Cytomegalovirus is a herpes virus and a leading biological factor causing congenital abnormalities and complications among those who receive massive blood transfusions and immunosuppressive therapy. About half of pregnant women who contract a primary infection spread the disease to their fetus. When acquired in-utero, the infection may cause mental retardation, blindness, and/or deafness. Serological tests for detecting the presence of antibody to CMV can provide valuable information regarding the history of previous infection, diagnosis of active or recent infection, as well as in screening blood for transfusions in newborns and immuno-compromised recipients. ELISA CMV IgM is an accurate serologic method to detect CMV IgM antibody for identification of CMV infection.

PRINCIPLE OF THE TEST

For detection of CMV IgM antibody, CMV IgM ELISA uses "CAPTURE" ELISA method in which, polystyrene microwell strips are pre-coated with monoclonal anti-human IgM antibodies. Patient's serum or plasma sample is added to the microwell together with CMV antigen conjugated the enzyme horseradish peroxidase (the HRP-Conjugate). During incubation, the specific immunocomplex formed in case of presence of CMV IgM in the sample, is captured on the solid phase. After washing to remove sample serum proteins and unbound HRP-conjugate, Chromogen solutions containing tetramethyl-benzidine (TMB) and urea peroxide are added to the wells. In presence of the antibody-antigen complex, the colorless Chromogens are hydrolyzed by the bound HRP-conjugate to a blue-colored product. The blue color turns yellow after stopping the reaction with sulfuric acid. The amount of color intensity can be measured and it is proportional to the amount of antibody captured in the wells, and to its amount in the sample respectively.

MATERIALS AND COMPONENTS

This kit contains reagents sufficient for testing of maximum of 91 specimens in a test run.

MICROPLATE: Blank microwell strips fixed on white strip holder. The plate is sealed in aluminum pouch with desiccant. Each well contains monoclonal antibodies to human IgM. The microwell strips can be broken to be used separately. Place unused wells or strips in the provided plastic sealable storage bag together with the desiccant and return to 2-8°C. Once open, stable for one month at 2-8°C.

NEGATIVE CONTROL: (1x1.0ml per vial) preserv.0.1% ProClinTM 300 Yellowish liquid filled in a vial with green screw cap. Protein-stabilized buffer tested nonreactive for CMV IgM. Ready to use as supplied. Once open, stable for one month at 2-8°C.

POSITIVE CONTROL: (1x1.0ml per vial) preserv.0.1% ProClinTM 300 Red-colored liquid filled in a vial with red screw cap. CMV IgM diluted in protein-stabilized buffer. Ready to use as supplied. Once open, stable for one month at 2-8°C.

CONJUGATE: (1x12ml per vial) preserv.0.1% ProClinTM 300 Red-colored liquid in a white vial with red screw cap. Horseradish peroxidase-conjugated CMV antigens. Ready to use as supplied. Once open, stable for one month at 2-8°C.

SAMPLE DILUENT: (1x12ml per vial) preserv.0.1% ProClinTM 300 Green-colored in a vial with blue screw cap. Serum base, casein, and sucrose solution.

WASH BUFFER: (1x50ml per bottle) DILUTE BEFORE USE! detergent Tween-20 Colorless liquid filled in a white bottle with white screw cap, PH 7.4, 20 x PBS. The concentrate must be diluted 1 to 19 with distilled/deionized water before use. Once diluted, stable for one week at room temperature, or for two weeks when stored at 2-8°C.

SUBSTRATE SOLUTION A: (1x6ml per vial) Colorless liquid filled in a white vial with green screw cap. Urea peroxide solution. Ready to use as supplied. Once open, stable for one month at 2-8°C.

SUBSTRATE SOLUTION B: (1x6ml per vial) Colorless liquid filled in a black vial with black screw cap. TMB (Tetramethyl benzidine) solution. Ready to use as supplied. Once open, stable for one month at 2-8°C.

STOP SOLUTION: (1x6ml per vial) Colorless liquid in a white vial with white screw cap. Diluted sulfuric acid solution (0.5M H2SO4). Ready to use as supplied. Once open, stable for one month at 2-8°C.

PLASTIC SEALABLE BAG: For enclosing the strips not in use 1unit
PACKAGE INSERT 1copy
CARDBOARD PLATE COVER 2sheets
To cover the plates during incubation and prevent evaporation or contamination of the wells.

MATERIALS REQUIRED BUT NOT PROVIDED

Freshly distilled or deionized water, disposable gloves and timer, appropriate waste containers for potentially contaminated materials, dispensing system and/or pipette, disposable pipette tips, absorbent tissue or clean towel, dry incubator or water bath, 37±0.5°C, plate reader, single wavelength 450nm or dual wavelength 450/630nm, microwell aspiration/wash system.

SPECIMEN COLLECTION, TRANSPORTATION AND STORAGE

1. Specimen Collection: No special patient's preparation required. Collect the specimen in accordance with the normal laboratory practice. Either fresh serum or plasma specimens can be used with this assay. Blood collected by venipuncture should be allowed to clot naturally and completely – the serum/plasma must be separated from the clot as early as possible as to avoid haemolysis of the RBC. Care should be taken to ensure that the serum specimens are clear and not contaminated by microorganisms. Any visible particulate matters in the specimen should be removed by centrifugation at 3000 RPM (round per minutes) for 20 minutes at room temperature or by filtration.
2. Plasma specimens collected into EDTA, sodium citrate or heparin can be tested, but highly lipaemic, icteric, or hemolytic specimens should not be used as they can give false results in the assay. Do not heat inactivate specimens. This can cause deterioration of the target analyte. Samples with visible microbial contamination should

PRECAUTIONS AND SAFETY

TO BE USED ONLY FROM QUALIFIED PROFESSIONALS

The ELISA assays are time and temperature sensitive. To avoid incorrect result, strictly follow the test procedure steps and do not modify them.

1. Do not exchange reagents from different lots or use reagents from other commercially available kits. The components of the kit are precisely matched for optimal performance of the tests.
2. Make sure that all reagents are within the validity indicated on the kit box and of the same lot. Never use reagents beyond their expiry date stated on labels or boxes.
3. CAUTION - CRITICAL STEP: Allow the reagents and specimens to reach room temperature (18-30°C) before use. Shake reagent gently before use. Return at 2-8°C immediately after use.
4. Use only sufficient volume of sample as indicated in the procedure steps. Failure to do so, may cause in low sensitivity of the assay.
5. Do not touch the bottom exterior of the wells; fingerprints or scratches may interfere with the reading. When reading the results, ensure that the plate bottom is dry and there are no air bubbles inside the wells.
6. Never allow the microplate wells to dry after the washing step. Immediately proceed to the next step. Avoid the formation of air bubbles when adding the reagents.
7. Avoid assay steps long time interruptions. Assure same working conditions for all wells.
8. Calibrate the pipette frequently to assure the accuracy of samples/reagents dispensing. Use different disposal pipette tips for each specimen and reagents in order to avoid cross-contaminations.

9. Assure that the incubation temperature is 37°C inside the incubator.
 10. When adding specimens, do not touch the well's bottom with the pipette tip.
 11. When measuring with a plate reader, determine the absorbance at 450nm or at 450/630nm.
 12. The enzymatic activity of the HRP-conjugate might be affected from dust and reactive chemical and substances like sodium hypochlorite, acids, alkalis etc. Do not perform the assay in the presence of these substances.
 13. If using fully automated equipment, during incubation, do not cover the plates with the plate cover. The tapping out of the remainders inside the plate after washing, can also be omitted.
 14. All specimens from human origin should be considered as potentially infectious. Strict adherence to GLP (Good Laboratory Practice) regulations can ensure the personal safety.
 15. **WARNING:** Materials from human origin may have been used in the preparation of the Negative Control of the kit. These materials have been tested with tests kits with accepted performance and found negative for antibodies to HIV 1/2, HCV, TP and HBsAg. However, there is no analytical method that can assure that infectious agents in the specimens or reagents are completely absent. Therefore, handle reagents and specimens with extreme caution as if capable of transmitting infectious diseases. Bovine derived sera have been used for stabilizing of the positive and negative controls. Bovine serum albumin (BSA) and fetal calf sera (FCS) are derived from animals from BSE/TSE free-geographical areas.
 16. Never eat, drink, smoke, or apply cosmetics in the assay laboratory. Never pipette solutions by mouth.
 17. Chemical should be handled and disposed of only in accordance with the current GLP (Good Laboratory Practices) and the local or national regulations.
 18. The pipette tips, vials, strips and specimen containers should be collected and autoclaved for not less than 2 hours at 121°C or treated with 10% sodium hypochlorite for 30 minutes to decontaminate before any further steps of disposal. Solutions containing sodium hypochlorite should NEVER be autoclaved. Materials Safety Data Sheet (MSDS) available upon request.
 19. Some reagents may cause toxicity, irritation, burns or have carcinogenic effect as raw materials. Contact with the skin and the mucosa should be avoided but not limited to the following reagents: Stop solution, the Chromogens, and the Wash buffer.
 20. The Stop solution 0.5M H2SO4 is an acid. Use it with appropriate care. Wipe up spills immediately and wash with water if come into contact with the skin or eyes.
 21. ProClinTM 300 0.1% used as preservative, can cause sensation of the skin. Wipe up spills immediately or wash with water if come into contact with the skin or eyes.
- INDICATIONS OF INSTABILITY DETERIORATION OF THE REAGENT: Values of the Positive or Negative controls, which are out of the indicated quality control range, are indicators of possible deterioration of the reagents and/or operator or equipment errors. In such case, the results should be considered as invalid and the samples must be retested. In case of constant erroneous results and proven deterioration or instability of the reagents, immediately substitute the reagents with new one.

PROCEDURE

Reagents preparation: Allow the reagents to reach room temperature (18-30°C). Dilute the Wash buffer (20X) as indicated in the instructions for washing. Use distilled or deionized water and only clean vessels to dilute the buffer. All other reagents are READY TO USE AS SUPPLIED.

1. Preparation: Format the microplate's wells for control and patient specimen to be assayed. Replace any unused microwell strips back into the aluminum bag seal and store at 2-8°C.
2. Adding Sample Diluent: Add 100µl of Sample Diluent into their respective wells except the Blank and control well.
3. Adding Sample: Add 100µl of the control or 10µl of the specimen into the assigned well.
4. Incubating: Cover the plate with the plate cover and incubate for 30 minutes at 37°C.

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5. Washing: At the end of the incubation, remove and discard the plate cover. Wash each well 5 times with diluted Wash Buffer. Each time allow the microwells to soak for 30-60 seconds. After the final washing cycle, turn down the plate onto blotting paper or clean towel and tap it to remove any remainders.
6. Adding Conjugate: Add 100µl of CONJUGATE into each well except the Blank. Mix by tapping the plate gently.
7. Incubating: Cover the plate with the plate cover and incubate for 30 minutes at 37°C.
8. Washing: At the end of the incubation, remove and discard the plate cover. Wash each well 5 times with diluted Wash Buffer. Each time allow the microwells to soak for 30-60 seconds. After the final washing cycle, turn down the plate onto blotting paper or clean towel and tap it to remove any remainders.
9. Adding Substrate: Add 50µl of Substrate Solution A and 50µl of Substrate Solution B into each well. Incubate for 15 minutes at 37°C avoiding light.
10. Adding Stop Solution: Using a multichannel pipette or manually, add 50µl of Stop Solution into each well and mix gently.
11. Measuring the Absorbance: Calibrate the plate reader with the Blank well and read the absorbance at 450nm. If a dual filter instrument is used, set the reference wavelength at 630nm. Calculate the Cut-off value and evaluate the results. (Note: read the absorbance within 10 minutes after stopping the reaction).

INSTRUCTIONS FOR WASHING

1. A good washing procedure is essential in order to obtain correct and precise analytical data.
2. It is therefore, recommended to use a good quality ELISA microplate washer, maintained at the best level of washing performances. In general, no less than 5 automatic washing cycles of 350-400µl/well are sufficient to avoid false positive reactions and high background.
3. To avoid cross-contaminations of the plate with specimen or HRP-conjugate, after incubation, do not discard the content of the wells but allow the plate washer to aspirate it automatically.
4. Assure that the microplate washer liquid dispensing channels are not blocked or contaminated and sufficient volume of Wash buffer is dispensed each time into the wells.
5. In case of manual washing, we suggest to carry out 5 washing cycles, dispensing 350-400µl/well and aspirating the liquid for 5 times. If poor results (high background) are observed, increase the washing cycles or soaking time per well.
6. In any case, the liquid aspirated out the strips should be treated with a sodium hypochlorite solution at a final concentration of 2.5% for 24 hours, before they are wasted in an appropriate way.
7. The concentrated Wash buffer should be diluted 1 to 20 before use. If less than a whole plate is used, prepare the proportional volume of solution.

QUALITY CONTROL AND CALCULATION OF THE RESULTS

Each microplate should be considered separately when calculating and interpreting the results of the assay, regardless of the number of plates concurrently processed. The results are calculated by relating each specimen absorbance (A) value to the Cut-off value (C.O.) of the plate. If the Cut-off reading is based on single filter plate reader, the results should be calculated by subtracting the Blank well A value from the print report values of specimens and controls. In case the reading is based on dual filter plate reader, do not subtract the Blank well A value from the print report values of specimens and controls.

Calculation of the Cut-off value (C.O.) = $2.1 \times NC$ (NC = the mean absorbance value for two negative controls). Important: If the NC is lower than 0.05, take it as 0.05.

Quality control (assay validation): The test results are valid if the Quality Control criteria are fulfilled. It is recommended that each laboratory must establish appropriate quality control system with quality control material similar to or identical with the patient sample being analyzed.

- The A value of the Blank well, which contains only Chromogen and Stop solution, is < 0.080 at 450 nm.
- The A values of the Positive control must be ≥ 0.800 at 450/630nm or at 450nm after blanking.
- The A values of the Negative control must be < 0.100 at 450/630nm or at 450nm after blanking. If one of the Negative control A values does not meet the Quality Control criteria, it should be discarded and the mean value calculated again using the remaining value. If more than one Negative control A values do not meet the Quality Control Range specifications, the test is invalid and must be repeated.

Example:

1. Quality Control

Blank well A value: A1 = 0.025 at 450nm (Note: blanking is required only when reading with single filter at 450nm)

Well No.:	B1	C1
Negative control A values after blanking:	0.028	0.030
Well No.:	D1	E1
Positive control A values after blanking:	2.421	2.369

All control values are within the stated quality control range

2. Calculation of Nc: = $\frac{0.028+0.030}{2} = 0.029$

3. Calculation of the Cut-off: (C.O.) = $2.1 \times 0.029 = 0.105$

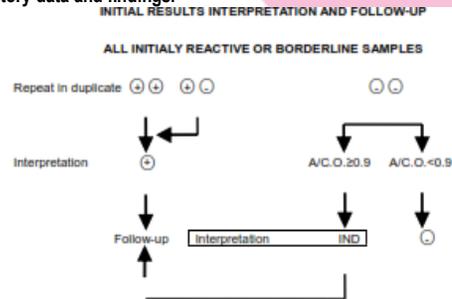
INTERPRETATIONS OF THE RESULTS

Negative Results (A / C.O. < 1): Specimens giving absorbance less than the Cut-off value are negative for this assay, which indicates that no CMV IgM has been detected with this ELISA kit.

Positive Results (A / C.O. ≥ 1): Specimens giving an absorbance equal to or greater than the Cut-off value are considered initially reactive, which indicates that CMV IgM has probably been detected using this ELISA kit. All initially reactive specimens should be retested in duplicates using this ELISA kit before the final assay results interpretation.

Borderline (A / C.O. = 0.9-1.1): Specimens with absorbance to Cut-off ratio between 0.9 and 1.1 are considered borderline and retesting of these specimens in duplicates is required to confirm the initial results.

Follow-up, confirmation and supplementary testing of any positive specimen with other analytical system is required. Clinical diagnosis should not be established based on a single test result. It should integrate clinical and other laboratory data and findings.



IND = non interpretable

- If, after retesting of the initially reactive samples, both wells are negative results (A/C.O. < 0.9), these samples should be considered as non-repeatable positive (or false positive) and recorded as negative. As with many very sensitive ELISA assays, false positive results can occur due to the several reasons, most of which are connected with, but not limited to, inadequate washing step.
- If after retesting in duplicates, one or both wells are positive results, the final result from this ELISA test should be recorded as repeatedly reactive. Repeatedly reactive specimens could be considered positive for CMV IgM.
- After retesting in duplicates, samples with values close to the Cut-off value should be interpreted with caution and considered as "borderline" zone sample, or uninterpretable for the time of testing.

PERFORMANCE CHARACTERISTICS

Clinical Sensitivity and Specificity: The clinical performances of this assay have been evaluated by a panel of samples obtained from 1055 healthy blood donors and undiagnosed hospitalized patients. The evaluation results are given below. The clinical sensitivity is 96.6%; the clinical specificity is 98.5%.

LIMITATIONS

1. The user of this kit is advised to carefully read and understand the package insert. Strict adherence to the protocol is necessary to obtain reliable test results. In particular, correct sample and reagent pipetting, along with careful washing and timing of the incubation steps are essential for accurate results.
2. Samples that remain equivocal after repeat testing should be retested by an alternate method, e.g., immunofluorescence assay (IFA). If results remain equivocal upon further testing, an additional sample should be taken.
3. The absence of detectable IgM antibody does not rule out the possibility of recent or current infection.
4. Specific IgG may compete with the IgM for sites and may result in a false negative. Conversely, rheumatoid factor in the presence of specific IgG may result in a false positive reaction. The Serum Diluent Plus Solution diminishes competing virus-specific IgG and minimizes rheumatoid factor interference in samples. Studies indicate that the maximum amount of IgG which can be removed by the kit Serum Diluent Plus Solution is in excess of the expected high end of the normal range for IgG > 1380mg/dL. The highest titer of RF + tested (1:2560;1000 IU/mL) did not adversely affect the performance of the assay.
5. Some antinuclear antibodies have been found to cause a false positive reaction on some ELISA tests.
6. It is strongly recommended that neonate's and mother's serum samples be tested in parallel. The presence of IgM antibody in the neonate's serum can be considered indicative of congenital infection only if there has not been placental leakage. Additionally, if the infant has a congenital infection, the IgM antibody (and IgG antibody) level may persist or rise, whereas if the source of the antibody is maternal, the neonate's antibody level will drop in parallel to the half-life of that immunoglobulin.
7. IgM responses may vary in different individuals. It has been reported that 10-30 % of infants may fail to develop IgM antibody responses despite congenital CMV infection. Furthermore, up to 27 % of adults with primary CMV infection may not demonstrate an IgM response. Thus, the absence of CMV-specific IgM does not necessarily exclude the possibility of CMV infection.
8. The presence or absence of CMV IgG or IgM in pregnant women is of limited value in predicting congenital CMV infection. However, the presence of specific IgM in the circulation of the newborn is indicative of infection. Since serum samples obtained too early in infection may not contain detectable IgM antibody, a subsequent sample should be obtained 7 to 14 days later and test. In the case of cord blood, care should be taken to avoid contamination by maternal blood, and it is prudent to confirm positive IgM antibody results by testing a follow-up specimen from the newborn.

REFERENCES

1. Voller, A., J.E. Bidwell, et al. Manual of clinical immunology. Chapter 69. Rose, N. and Friedman, H. eds. Am. Soc. Microbiol. p.506, 1985.
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3. Starr, S.E. and H.M. Friedman. "Human CMV." Chapter 65. In Manual of Clin. Microbiol., 4th ed., Lennett, E.H. et al ed. Am. Soc. Microbiol. pp. 771-719, 1985.

SUMMARY OF THE MAJOR COMPONENTS OF THE KIT:

Use this summary only as a reference and always follow the comprehensive method sheet when performing the assay. Note: the components of individual kits are not lot-interchangeable.

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| 1. Microplate one | 2. Negative Control 1x1.0ml |
| 3. Positive Control 1x1.0ml | 4. Conjugate 1x12ml |
| 5. Sample Diluent 1x12ml | 6. Wash Buffer 1x50ml |
| 7. Substrate Solution A 1x6ml | 8. Substrate Solution B 1x6ml |
| 9. Stop Solution 1x6ml | |